Milestones toward fulfilling the distributional requirements. The milestones are cumulative. No courses taken Credit/D/Fail may be used to fulfill a distributional requirement.

| SKILLS | 
| QR | Quantitative reasoning | (2) |
| WR | Writing | (2) |
| L | Foreign Language | * |

| DISCIPLINARY AREAS | 
| Hu | Humanities & arts | (2) |
| Sc | Sciences | (2) |
| So | Social sciences | (2) |

**Freshman**

Credits for promotion: 8

- QR, WR, or L
- QR, WR, or L

At the end of freshman year (after 2 terms of enrollment), enrollment for one course credit in two of the three required skills categories: QR, WR, and foreign language.

**Sophomore**

Credits for promotion: 16

- Hu
- Sc
- So
- QR
- WR
- L

At the end of sophomore year (after 4 terms of enrollment), enrollment in at least one course credit in each disciplinary area (Hu, and Sc, and So), and at least one course credit in each skills category (QR, and WR, and foreign language).

**Junior**

Credits for promotion: 26

- Hu
- Sc
- So
- QR
- WR
- L

At the end of junior year (after 6 terms of enrollment), all skills requirements must be completed: foreign language and 2 course credits each in QR and WR.

**Senior**

Credits for graduation: 36

- Hu
- Sc
- So
- QR
- WR
- L

For the bachelor’s degree. At the end of the senior year, all distributional requirements must be completed: foreign language, 2 course credits each in QR and WR, and 2 course credits each in Hu, Sc, and So.

*Students are required to take at least one course in a foreign language while enrolled at Yale. Refer to the YCPS for complete information.*